

Queensland Touch Football

Return to Play Guidelines

Under Stage 2 Restrictions - Version 1.0

This document is current as at 17 June 2020 and is subject to change upon the advice of government and health authorities. Associations are expected to remain up to date with the latest advice. Further Information will be published in line with government advice.



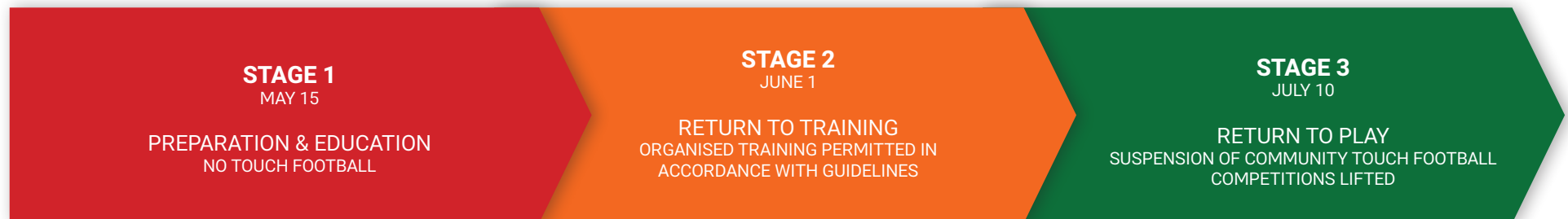
OVERVIEW

The Queensland Touch Football (QTF) Return to Play Guidelines have been developed to provide the touch community with clear direction that supports affiliates and participants for the safe return of touch football in Queensland.

The Federal and Queensland State Government have announced a roadmap to cautiously reintroduce sport in a staged approach. These guidelines reflect the conditions that must be met and adhered to, to meet the compulsory requirements for community sport to return.

These guidelines follow the framework and advice laid out by Federal and State Government and has been developed in consideration of the National Principles for Resumption of Sport and Recreation Activities, the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment, the Queensland Government Return to Play Guide, in addition to TFA's Return to Play Protocols and Guidelines.

The three (3) key stages include:



Prior to the resumption of training or competitions under current restrictions, Affiliates/Clubs must ensure they meet the requirements outlined on page 4.

GENERAL INFORMATION

STAY UP-TO-DATE

[QLD TOUCH.COM.AU/RETURN-TO-TOUCH-FOOTBALL](https://qldtouch.com.au/return-to-touch-football)

- [QTF Pre-populated COVID-19 Safety Plan_Template](#)

QLD GOVERNMENT

- [Industry Approved COVID Safe Plan - Field Sports](#)
- [Queensland Government Roadmap to Easing Restrictions](#)
- [Queensland Government Return to Play Guide](#)
- [Queensland Government Return to Play Readiness Checklist](#)
- [Queensland Health Resources and Fact Sheets](#)
- [COVID Safe checklist for Restaurants/ cafes \(for Canteens\)](#)

TOUCH FOOTBALL AUSTRALIA

- [Return To Play Protocols and Guidelines](#)
- [Marsh Insurance - FAQs](#)
- [Competition Administrators, Participants and Referee Checklists](#)
- [Attendance Register](#)
- [In-Venue Signage and Posters](#)

SPORT AUSTRALIA

- [Australian Institute of Sport framework for rebooting sport in a COVID19 environment](#)
- [Return to Sport Tool Kit](#)
- [COVID 19 Safety Coordinator](#)
- [COVID 19 Safety Plan](#)
- [COVID 19 Simplified Checklist](#)
- [COVID 19 Detailed Checklist](#)
- [COVID 19 Attendance Register](#)
- [COVID 19 Hygiene Guidance](#)



GENERAL CONSIDERATIONS



**Don't attend if you're unwell
or in a high-risk category**



**Download the
COVIDSafe app and
have it on**



**Sanitise hands and
equipment before and
after matches**



**No hugs, handshakes,
huddles or sharing
items like drink bottles**



**Spectators discouraged
where possible**



**Reduce time at the
venue. Get in, play and
get out.**

RETURN TO TRAINING/PLAY

RETURN TO TRAINING/PLAY

Prior to the resumption of training/play under current restrictions, Affiliates/Clubs must have:



SAFETY COORDINATOR



COVID-19 SAFETY PLAN

[CLICK HERE](#)
TO DOWNLOAD A PRE-POPULATED COVID-19 SAFETY PLAN

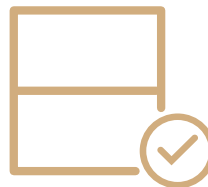


RETURN TO PLAY READINESS CHECKLIST

*Cross reference your COVID-19 Safety Plan



COUNCIL/LANDOWNER APPROVAL TO RESUME ACTIVITY



FACILITY MAP

*Outlining entry/exits, playing zones etc.



ATTENDANCE REGISTER



RETURN TO TRAINING/PLAY

VENUE REQUIREMENTS

The below information is aligned to the AIS Framework for Rebooting Sport in a COVID-19 Environment and the Queensland Government's roadmap to easing Queensland's restrictions.

VENUE*	STAGE 2 - EFFECTIVE 1 JUNE 2020 Level B (AIS)	STAGE 3 - EFFECTIVE 10 JULY 2020 Level C (AIS)	RETURN TO FULL COMPETITION & TRAINING EFFECTIVE TBC
COVID-19 SAFETY COORDINATOR	Required	Required	Required
COVID-19 SAFETY PLAN	Required.	Required	Required
COMPLETE RETURN TO PLAY CHECKLIST	Required - QLD State Government Return to Play Readiness checklist and; - TFA Competitions Administration Checklist	Required - QLD State Government Return to Play Readiness checklist and; - TFA Competitions Administration Checklist	TBC
STAFF AND VOLUNTEER EDUCATION	Refer to TFA's Protocols and Guidelines	Refer to TFA's Protocols and Guidelines	As required
COVIDSAFE APP DOWNLOAD	Recommended	Recommended	As required
NUMBER OF PEOPLE RESTRICTIONS PER ZONE	20 people per zone Refer to COVID Industry Plan and; QTF Field Layout Examples	100 people per venue COVID Industry Plan TBC	TBC
ATTENDANCE REGISTER	Required Refer to TFA's Attendance Register Template	Required Refer to TFA's Attendance Register Template	TBC
FACILITY MAP	Recommended	Recommended	TBC
DESIGNATED ENTRY/EXIT POINTS	Mandatory	Mandatory	TBC
COVID-19 HYGIENE PRACTICES SIGNAGE PROMINENTLY DISPLAYED	Mandatory	Mandatory	Unrestricted
HAND SANITISER ON ENTRY/EXIT	Mandatory	Mandatory	Recommended
SANITISATION STATIONS	Mandatory	Mandatory	As required.
SOCIAL DISTANCING 1.5M/4M2	Mandatory	Mandatory	TBC
TOILETS	Absolute minimum. To be cleaned frequently.	To be cleaned frequently.	Open and cleaned as required
CHANGE ROOMS/SHOWERS	Closed	Closed	Open and cleaned as required
EQUIPMENT	No sharing of personal items. Shared equipment e.g balls, must be sanitised before and after every session	Equipment sanitised after every session	TBC
CANTEEN/KIOSK	Closed	TBC	TBC
CLUBROOMS/OFFICE	Closed	TBC	TBC
PLAYGROUND	Closed	Closed	TBC
GENERAL SEATING	Remove or restrict where possible	TBC	TBC

STAGE 2 - RETURN TO TRAINING

VENUE REQUIREMENTS CHECKLIST

The below information is aligned to the AIS Framework for Rebooting Sport in a COVID-19 Environment and the Queensland Government's Roadmap to easing Queensland's restrictions.

VENUE*	STAGE 2 - EFFECTIVE 1 JUNE 2020 (LEVEL B - AIS)	ACTIONS/RESPONSIBILITY
COVID-19 SAFETY COORDINATOR	Required	<input type="checkbox"/>
COVID-19 SAFETY PLAN	Required	<input type="checkbox"/>
COMPLETE RETURN TO PLAY CHECKLIST	Required - QLD State Government Return to Play Readiness checklist and; - TFA Competitions Administration Checklist	<input type="checkbox"/>
STAFF AND VOLUNTEER EDUCATION	Refer to TFA's Protocols and Guidelines	<input type="checkbox"/>
COVIDSAFE APP DOWNLOAD	Recommended	<input type="checkbox"/>
NUMBER OF PEOPLE RESTRICTIONS PER ZONE	20 people per zone Refer to COVID Industry Plan and; QTF Field Layout Examples	<input type="checkbox"/>
ATTENDANCE REGISTER	Required Refer to TFA's Attendance Register Template	<input type="checkbox"/>
FACILITY MAP	Recommended	<input type="checkbox"/>
DESIGNATED ENTRY/EXIT POINTS	Mandatory	<input type="checkbox"/>
COVID-19 HYGIENE PRACTICES SIGNAGE PROMINENTLY DISPLAYED	Mandatory	<input type="checkbox"/>
HAND SANITISER ON ENTRY/EXIT	Mandatory	<input type="checkbox"/>
SANITISATION STATIONS	Mandatory	<input type="checkbox"/>
SOCIAL DISTANCING 1.5M/4M ²	Mandatory	<input type="checkbox"/>
TOILETS	Absolute minimum. To be cleaned frequently.	<input type="checkbox"/>
CHANGE ROOMS/SHOWERS	Closed	<input type="checkbox"/>
EQUIPMENT	No sharing of personal items. Shared equipment e.g balls, must be sanitised before and after every session	<input type="checkbox"/>
CANTEEN/KIOSK	Closed	<input type="checkbox"/>
CLUBROOMS/OFFICE	Closed	<input type="checkbox"/>
PLAYGROUND	Closed	<input type="checkbox"/>
GENERAL SEATING	Remove or restrict where possible	<input type="checkbox"/>

STAGE 2 - RETURN TO TRAINING

RETURN TO TRAINING WITH 20 PERSON RESTRICTIONS PER ZONE

In line with the [Industry Approved COVID Safe Plan - Field Sports](#).

KEY POINTS

1. Venues are able to operate with up to 20 people per zone
 - a). No co-mingling of groups at any time
 - b). Coaches are included in the 20 person total
2. "Get in. Train. Get Out"
Participants to arrive at the venue ready to train, train on the allocated field and then leave without interacting with other groups.
3. Use of bathrooms to be kept to the absolute minimum.
4. Maintain appropriate social distancing and COVID-19 hygiene practices.
5. Non-contact training only.



MAXIMUM 20 PEOPLE PER ZONE
NO CO-MINGLING BETWEEN GROUPS
COACHES ARE INCLUDED IN THE 20
PERSON TOTAL



**SOCIAL DISTANCING
RULES APPLY**



**NON CONTACT
TRAINING ONLY**



**GET IN.
TRAIN & GET OUT**

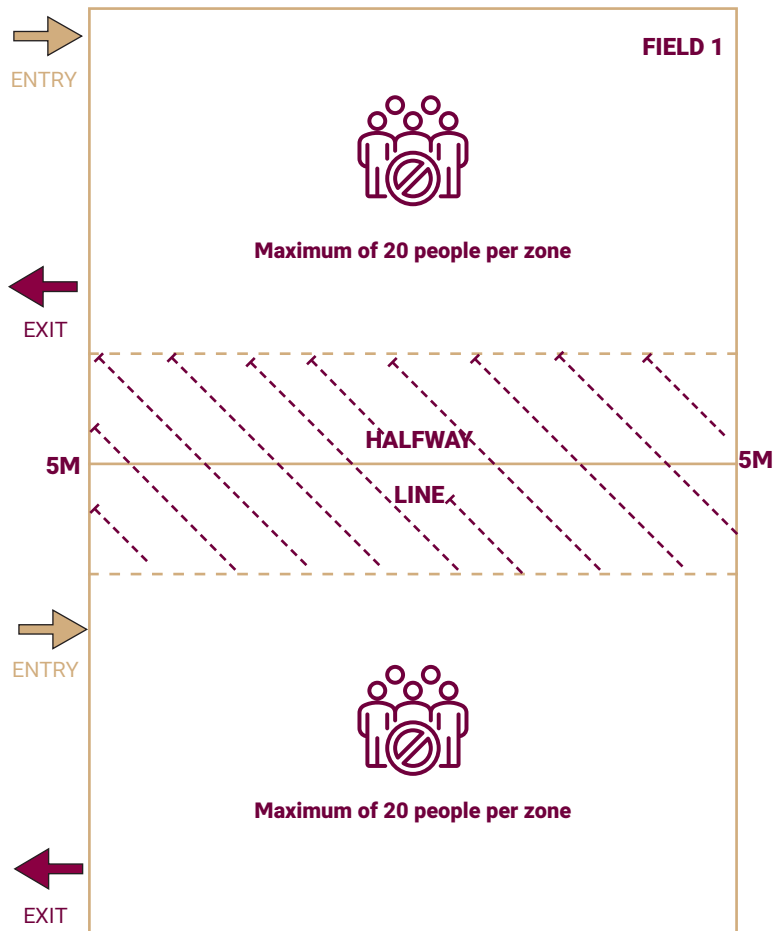


**EDUCATE & COMMUNICATE
WITH YOUR MEMBERS**

STAGE 2 - RETURN TO TRAINING

FIELD LAYOUT

OPTION 1 - 1 FIELD



OPTION 2 - 4 FIELDS



IN LINE WITH YOUR COVID-19 SAFETY PLAN

KEY POINTS

- 20 people maximum per playing zone
- A minimum of 5 metres between playing zones
- **No co-mingling between groups**
- Each playing zone must be clearly marked
- Separate entry and exit points per field
- Minimum 15 minutes between training sessions
- Coaches are not to go between groups
- Parking zones to reduce congregation



STAGE 3 - RETURN TO PLAY

VENUE REQUIREMENTS CHECKLIST

The below information is aligned to the AIS Framework for Rebooting Sport in a COVID-19 Environment and the Queensland Government's roadmap to easing Queensland's restrictions.

VENUE*	STAGE 3 - EFFECTIVE 10 JULY 2020 (LEVEL C - AIS)	ACTIONS/RESPONSIBILITY
COVID-19 SAFETY COORDINATOR	Required	<input type="checkbox"/>
COVID-19 SAFETY PLAN	Required	<input type="checkbox"/>
COMPLETE RETURN TO PLAY CHECKLIST	Required - QLD State Government Return to Play Readiness checklist and; -TFA Competitions Administration Checklist	<input type="checkbox"/>
STAFF AND VOLUNTEER EDUCATION	Refer to TFA's Protocols and Guidelines	<input type="checkbox"/>
COVIDSAFE APP DOWNLOAD	Recommended	<input type="checkbox"/>
NUMBER OF PEOPLE RESTRICTIONS PER ZONE	100 people per venue COVID Industry Plan TBC	<input type="checkbox"/>
ATTENDANCE REGISTER	Required Refer to TFA's Attendance Register Template	<input type="checkbox"/>
FACILITY MAP	Recommended	<input type="checkbox"/>
DESIGNATED ENTRY/EXIT POINTS	Mandatory	<input type="checkbox"/>
COVID-19 HYGIENE PRACTICES SIGNAGE PROMINENTLY DISPLAYED	Mandatory	<input type="checkbox"/>
HAND SANITISER ON ENTRY/EXIT	Mandatory	<input type="checkbox"/>
SANITISATION STATIONS	Mandatory	<input type="checkbox"/>
SOCIAL DISTANCING 1.5M/4M2	Mandatory	<input type="checkbox"/>
TOILETS	To be cleaned frequently.	<input type="checkbox"/>
CHANGE ROOMS/SHOWERS	Closed	<input type="checkbox"/>
EQUIPMENT	Equipment sanitised before and after every session	<input type="checkbox"/>
CANTEEN/KIOSK	Can open in accordance with; - COVID Safe checklist for Restaurants/ cafes (for Canteens).	<input type="checkbox"/>
CLUBROOMS/OFFICE	TBC	<input type="checkbox"/>
PLAYGROUND	Closed	<input type="checkbox"/>
GENERAL SEATING	TBC	<input type="checkbox"/>

STAGE 3 - RETURN TO PLAY

RETURN TO PLAY WITH 100 PERSON RESTRICTION PER VENUE

Please note as outlined in the [Industry Approved COVID Safe Plan - Field Sports](#), 20 people per zone only applies to Stage 2 and is currently not applicable in Stage 3 of Queensland's roadmap to easing restrictions. Until notified otherwise, a 100 person restriction applies per venue.



TFA - RETURN TO PLAY RESOURCE HUB

GUIDELINES & CHECKLISTS

TOUCH FOOTBALL AUSTRALIA – COVID-19

RETURN-TO-PLAY PROTOCOLS AND GUIDELINES

TOUCH FOOTBALL RETURN-TO-PLAY PROTOCOLS FOR COMPETITION ADMINISTRATORS

Competition Administrators are responsible for enforcing the following protocols and making available the appropriate handwashing facilities along with the following considerations:

- Remain at home if you feel unwell
- Designate a COVID-19 Safety Coordinator to be the key resource and central point of contact for all matters COVID-19
- COVID-19 Safety Coordinator to review the TFA Return to Play Protocols and complete a COVID-19 Safety Plan, available at www.touchfootball.com.au/coronavirus-return-to-play
- Conduct a risk assessment on the venue in relation to COVID-19 mitigation strategies
- Conduct an assessment of the competition's ability to stay within State and Territory legislation requirements on gatherings - If you are unable to adjust, the competition is unable to resume
- Adjust competition scheduling to adhere to specific State and Territory legislation regarding gathering size
- Complete the COVID-19 (Coronavirus): What It Is, How to Prevent Spread course available for free in The Nest
- Encourage members to download the COVIDSafe app and have it on
- Restrict access to clubrooms, amenities and communal areas to essential members such as Competition Administrators only and, wherever possible, establish separate entry and exit points
- Clean all surfaces and areas at the venue with disinfectant before and after competition (lights)
- Staff/Volunteers on-site must wear protective equipment (eg. gloves), regularly wash or sanitise their hands and observe social distancing at all times
- Provide sanitizer/disinfectant on each field for both participant use and for use on footbolls and other equipment such as cones
- Adjust competition rules to allow substitution from anywhere along the sideline (i.e. no sub-box)
- Remove hire whistles for Referees and hire uniforms/bibs for players/teams/Referees
- Implement alternative forms of player sign-on, such as one referee managing the list
- Remove signing-off scorecards
- Restrict all available tables and seating with clear signage to promote "Get In, Play and Get Out" message
- Communicate to players, coaches, spectators and Referees the specific guidelines regarding Social Distancing and Hygiene Measures required
- Communicate to players, coaches, spectators and Referees the game times (and allocations) and venue information in a timely manner prior to the competition starting, to reduce time on-site at the venue
- Report any known cases of or tests for COVID-19 to TFA by emailing coronavirus@touchfootball.com.au then work with your State or Territory Health Department for next steps

If you are tested for COVID-19, immediately notify your Competition Administrators and email coronavirus@touchfootball.com.au to inform TFA

Developed by TFA in conjunction with Dr Paul Griffin, Director of Infectious Diseases at Mater

Read Touch Football's detailed safe return-to-play protocols at www.touchfootball.com.au/coronavirus-return-to-play

TOUCH FOOTBALL RETURN-TO-PLAY PROTOCOLS FOR REFEREES

Referees play an integral role in the game of Touch Football and will be required to work closely with Competition Administrators in assisting in the implementation of protocols for our return to play.

REFEREES ARE ENCOURAGED TO PROMOTE THE "Get In, Play and Get Out" APPROACH TO ALL TEAMS.

In addition to this, the following are the minimum requirements for Referees to consider when officiating in Touch Football competitions:

- Remain at home if feeling unwell
- If you are a member of a high-risk category, reconsider your participation in Touch Football
- Complete the COVID-19 (Coronavirus): What It Is, How to Prevent Spread course available for free in The Nest
- Encourage members to download the COVIDSafe app and ensure it is functional while at the venue
- Prior to arrival, review your game allocations, game times and venue info
- Prior to arrival at the venue, disinfect your whistles and do not share it with other Referees
- Make sure you arrive at the venue ready to Referee
- Upon arrival and prior to and immediately following officiating a match, ensure you have thoroughly washed or sanitised your hands with products provided at the fields
- Understand your role in player sign-on and score-keeping – this must be done by only one Referee
- Avoid the use of changerooms, bathrooms and communal areas
- Cover your mouth with your elbow to cough or sneeze
- Avoid touching your face
- Do not spit or clear your nasal passages
- Maintain social distancing by avoiding huddles and congregating in groups before, during or after matches
- No communal water bottles or shared items such as duty referee shirts, shared whistles or towels
- Bring your own pencil and coin
- Manage unnecessary contact between participants, such as high-fives, handshakes and hugs
- Shower at home, instead of at the venue
- Complete tasks at home whenever possible, such as meetings or recovery sessions
- For parents/guardians of referees, please limit drop-off and pick-up to only one parent/guardian and other dependents as required and necessary

If you are tested for COVID-19, immediately notify your Competition Administrators and email coronavirus@touchfootball.com.au to inform TFA

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TOUCH FOOTBALL RETURN-TO-PLAY PROTOCOLS FOR PLAYERS, COACHES, PARENTS & SPECTATORS

PLAYERS, COACHES AND SPECTATORS ARE ENCOURAGED TO ADOPT THE "Get In, Play and Get Out" APPROACH.

In addition, the following are the minimum requirements for everyone to consider at Touch Football competitions:

- Remain at home if feeling unwell
- If you are a member of a high-risk category, reconsider your participation in Touch Football
- Download the COVIDSafe app and ensure it's functional while at the venue
- Prior to attending, assess if you are essential to the delivery of the game – spectators must be kept to a minimum at all times to assist with social distancing
- Prior to your game, review game time and venue info to reduce your time at the venue
- Make sure you arrive at the venue ready to play
- Upon arrival and prior to participating in a match, ensure you have thoroughly washed or sanitised your hands with products provided at the fields
- Avoid the use of changerooms, bathrooms and communal areas
- Cover your mouth with your elbow to cough or sneeze
- Avoid touching your face
- Do not spit or clear your nasal passages
- Maintain social distancing by avoiding team huddles and congregating in groups before, during or after your match
- No communal team water bottles or shared items such as jerseys, bibs or towels
- Avoid unnecessary contact with other participants, such as high-fives, handshakes and hugs
- Shower at home instead of at the venue
- Wash and disinfect footbolls, cones and any other equipment before and after training and matches
- Complete tasks at home whenever possible, such as meetings or recovery sessions
- Parents/guardians, please limit drop-off and pick-up to only one parent/guardian and other dependents as required and necessary
- Spectators are not encouraged. Supervision of minors must be done from one's own vehicle, if possible. If not, social distancing is required at all times

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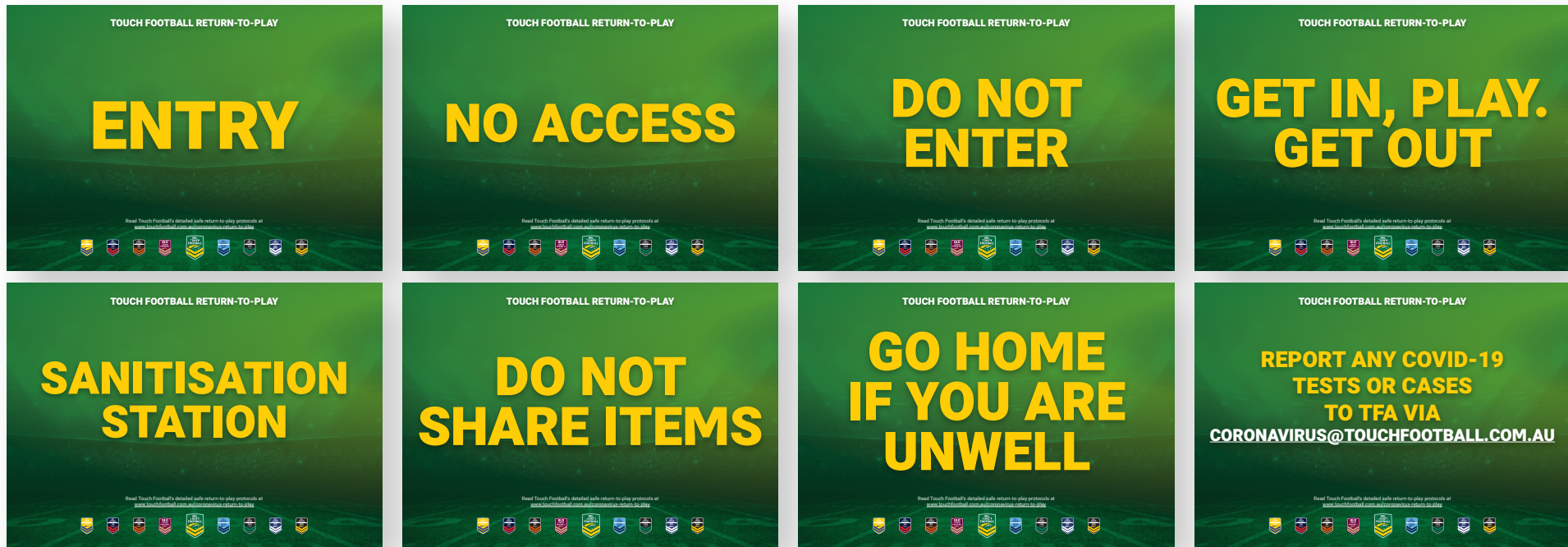
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VISIT THE 'TFA RETURN TO PLAY RESOURCE HUB' TO VIEW AND DOWNLOAD ALL AVAILABLE RESOURCES.

TFA - RETURN TO PLAY RESOURCE HUB

VENUE SIGNAGE



VISIT THE '[TFA RETURN TO PLAY RESOURCE HUB](#)' TO VIEW AND DOWNLOAD ALL AVAILABLE RESOURCES.



TFA - RETURN TO PLAY RESOURCE HUB

POSTERS

PROTECT AGAINST COVID-19 AT TOUCH FOOTBALL FOR REFEREES

In addition to the safety guidelines in place for other types of attendees, referees must also keep the following in mind:

- 1 Do the free COVID-19 (Coronavirus) *What It Is, How to Prevent Spread* course in The Nest
- 2 Prior to arrival, review game allocations, times and venue info
- 3 Prior to arrival, disinfect your whistle
- 4 Bring your own pencil and coin
- 5 Arrive ready to referee and leave straight after
- 6 Promote the **Get In, Play and Get Out** approach to all teams
- 7 Manage unnecessary contact between participants
- 8 Do not share whistles, bottles, shirts or towels
- 9 Player sign-on and score-keeping must be done by 1 referee

If you are tested for COVID-19, immediately notify your Competition Administrators and email coronavirus@touchfootball.com.au to inform TFA

mater Developed by TFA in conjunction with Dr Paul Griffin, Director of Infectious Diseases at Mater ISSUED JUNE 2020

Read Touch Football's detailed safe return-to-play protocols at www.touchfootball.com.au/coronavirus-return-to-play

PROTECT AGAINST COVID-19 AT TOUCH FOOTBALL

If you are in a high-risk category or feel unwell, do not turn up.

- 1
 - Fever
 - Cough
 - Shortness of breath
 - Sore throat
- 2 Download the COVIDSafe app and have it on
- 3 Reduce time at the venue. **Get In, Play and Get Out.**
- 4 Thoroughly wash or sanitise hands
- 5 Sanitise equipment like footballs before & after matches
- 6 Do not share items, incl. drink bottles or bibs
- 7 Practice social distancing (no hugging, high-fives, etc)
- 8 Don't congregate (no sub-boxes or time in clubhouses)
- 9 Spectators are discouraged

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**Queensland
Government**

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Further Information will be published in line with government advice.